

CURRICULUM VITAE



Zachary Fisk, MD, MBA
Acute Pain Management, PLLC

Personal Data

Place of birth: Los Angeles, CA
Date of birth: 12/01/1983
Citizenship: USA

Education

09/2001-05/2005 University of Rochester, Rochester, NY - B.A.
05/2005-06/2009 Tufts University School of Medicine, Boston, MA - M.D.
05/2005-06/2009 TUSM, Brandeis, and Northeastern, Boston, MA - M.B.A.

Postgraduate Training

07/2009-06/2010 University of Michigan Hospital, Ann Arbor, MI - Internship / CBY
07/2010-06/2013 University of Michigan Hospital, Ann Arbor, MI – Residency Anesthesiology
07/2013-06/2014 University of Pittsburgh, Pittsburgh, PA - Fellowship in Acute Pain Management

Positions Held

02/2017-present Founded Acute Pain Therapies – Managing Director
07/2016-present Anesthesiologist, Yakima Regional Medical Center
06/2014-6/2016 Anesthesiologist, VA Puget Sound
06/2014-6/2016 Director of Acute Pain and Regional Anesthesia, VA Puget Sound
04/2015-6/2016 VA Anesthesiology Dept CME coordinator, VA Puget Sound
04/2015-6/2016 VA Anesthesiology Dept Equipment Purchase Coordinator, VA Puget Sound

Consulting

2007-2008 Financial Consultation, Arlington Family Practice, Boston, MA

1310 116th Avenue N.E., Suite A
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Board Certification

2014 American Board of Anesthesiology

Certifications

2013 Certificate in Ultrasound-Guided Regional Anesthesia
2014 Certificate of Excellence in Regional Anesthesia and Acute Interventional Pain
2016 Certificate of Completion in Training for PRP Preparation and MSC Bone Marrow Extraction
2018 ASRA Pain and MSK Ultrasound Certification

License to Practice

2013 - expired Pennsylvania

2014 - present Washington

Professional Organizations

2018-Present Vice President, Washington Academy of Pain Management

2009-Present ASRA

2009-Present ASA

Research Funding

03/2016 VA Puget Sound R&D Seed Grant: Bilateral PVC for Midline Abdominal Surgery

Academic Presentations

2019 Invited Guest Speaker, Mazama Spine Summit Lecture: Innovations in Perioperative Spine Pain Management

2017 Invited Guest Speaker, Upper Extremity Orthopedics Symposium 2017 - Overlake Hospital, Bellevue, WA

11/2014 CME Conference: Paravertebral nerve blocks

12/2014 CME Conference: Total Knee Surgery Postoperative Analgesia

05/2015 CME Conference: Ketamine for post-operative analgesia

05/2015 University of Washington Anesthesiology Grand Rounds: Paravertebral blocks

05/2015 Western Resident Anesthesia Conference: case report – paravertebral blocks for mediastinal chest tube pain

08/2015 University of Washington Orthopedic Grand Rounds: How to Manage a Successful Acute Pain Service

09/2015 ASA: Case report – paravertebral blocks for mediastinal chest tube pain

09/2015 CME Conference: Subdural blocks

10/2015 CME Conference: Total Hip Surgery Postoperative Analgesia

11/2015 CME Conference: Cox-2i, Acetaminophen, and gabapentin for Multimodal Analgesia

01/2016 CME Conference: Programmed intermittent bolus: a review of the literature

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01/2016 Hematology Oncology Conference: The Role of Various Pain Services in Managing Cancer Pain
05/2017 Lecture: Emerging technologies in acute pain management
11/2017 Invited Guest Speaker, Upper Extremity Orthopedics Symposium 2017 - Overlake Hospital, Bellevue, WA

Professional Achievements

2019, September - Moderator, Annual Washington Academy of Pain Management Conference
2018 to Present - Vice President, Washington Academy of Pain Management
2017 President's Award for Innovation in Pain Management, Health Innovation NW, Bellevue, WA
2017 Assisted in the development of new post-operative pain management protocol for large orthopedic group, Bellevue Bone & Joint, Bellevue, WA
2014 Reorganized billing system for acute pain and regional anesthesia service at the VA, Seattle
2014 Standardized the way in which peripheral nerve blocks and single shot blocks are performed, VA, Seattle
2014 Created rounding system for acute pain service, VA, Seattle
2014 Implemented continuing medical education program, VA, Seattle
2015 Created standardized ordersets for all peripheral nerve block catheters and epidurals, VA, Seattle
2015 Created standard history and physical, progress, and procedure notes for the acute pain service, VA, Seattle
2015 Lead initiative to link acute pain related procedure notes to ordersets, VA, Seattle
2015 Implemented a formal acute pain service staffed by free a attending and resident, VA, Seattle
2015 Revised credentialing for anesthesiologists and CRNAs with respect to regional anesthesia, VA, Seattle
2015 Established admitting privileges for the acute pain service, VA, Seattle
2016 Created and implemented home nerve catheter program, VA, Seattle
2016 Supported effort to reduce opioid prescription abuse and diversion, VA, Seattle
2016 Established protocol for perioperative treatment of methadone and suboxone patients, VA, Seattle
2016 Created business plan to establish novel acute interventional perioperative pain clinic, VA Seattle
2016 Completed QI project for APS service demonstrating 30% reduction in opioid use, nausea, and LOS, VA, Seattle

Practice Awards

2017 Nominated for best startup of the year, 2016, Bellevue, WA
2017 Recipient, awarded healthcare innovator of the year, 2017, Health Innovation NW, Bellevue, WA

Grants Requests Submitted

02/2016 VA Puget Sound R&D Seed Grant: Bilateral PVC for Midline Abdominal Surgery - funded
02/2016 VA Puget Sound R&D Seed Grant: PIB for Paravertebral Catheters
02/2016 VA Puget Sound R&D Seed Grant: Supplemental PECS-2 for Reverse Total Shoulder

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Publications

1. Fisk, Z.R., Luke, C. The Continued Importance of Nerve Block Catheters in the face of Long Acting Single Shot Nerve Blocks. ASRA Newsletter. 11/2014.

Manuscripts submitted

2. Fisk, Z.R., Conrad, E.C., Hudson, M: Analysis of the Financial and Operational Viability of an Acute Pain Service Staffing Model. Anesthesia and Analgesia (07/2014).

Languages

English – native language

French – conversational in written and spoken form

Spanish - conversational in written and spoken form

Japanese – beginner to intermediate (self-study since 2014) in spoken form

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