

CURRICULUM VITAE



Zachary Fisk, MD, MBA
Acute Pain Management, PLLC

Personal Data

Place of birth: Los Angeles, CA
Date of birth: 12/01/1983
Citizenship: USA

Education

09/2001-05/2005 University of Rochester, Rochester, NY - B.A.
05/2005-06/2009 Tufts University School of Medicine, Boston, MA - M.D.
05/2005-06/2009 TUSM, Brandeis, and Northeastern, Boston, MA - M.B.A.

Postgraduate Training

07/2009-06/2010 University of Michigan Hospital, Ann Arbor, MI - Internship / CBY
07/2010-06/2013 University of Michigan Hospital, Ann Arbor, MI – Residency Anesthesiology
07/2013-06/2014 University of Pittsburgh, Pittsburgh, PA - Fellowship in Acute Pain Management

Positions Held

02/2017-present Founded Acute Pain Therapies – Managing Director
07/2016-present Anesthesiologist, Yakima Regional Medical Center
06/2014-6/2016 Anesthesiologist, VA Puget Sound
06/2014-6/2016 Director of Acute Pain and Regional Anesthesia, VA Puget Sound
04/2015-6/2016 VA Anesthesiology Dept CME coordinator, VA Puget Sound
04/2015-6/2016 VA Anesthesiology Dept Equipment Purchase Coordinator, VA Puget Sound

Consulting

2007-2008 Financial Consultation, Arlington Family Practice, Boston, MA

1310 116th Avenue N.E., Suite A
Bellevue, Washington 98004

p. (425) 440.3351
f. (425) 440.3439

Board Certification

- 2018 American Society of Regional Anesthesia Board Certification in Ultrasound Based Pain and Musculoskeletal Disease Management
- 2014 American Board of Anesthesiology

Certifications

- 2013 Certificate in Ultrasound-Guided Regional Anesthesia
- 2014 Certificate of Excellence in Regional Anesthesia and Acute Interventional Pain
- 2016 Certificate of Completion in Training for PRP Preparation and MSC Bone Marrow Extraction

License to Practice

- 2013 - expired Pennsylvania
- 2014 - present Washington

Professional Organizations

- 2018-Present ASKP (American society of ketamine physicians)
- 2018-Present Vice President, Washington Academy of Pain Management
- 2009-Present ASRA
- 2009-Present ASA

Research Funding

- 03/2016 VA Puget Sound R&D Seed Grant: Bilateral PVC for Midline Abdominal Surgery

Academic Presentations

- 2019 Panelist and guest speaker representing Ketamine for psychiatric illness, annual Washington State Psychiatric Association
- 2019 Invited Guest Speaker, Mazama Spine Summit Lecture: Innovations in Perioperative Spine Pain Management
- 2017 Invited Guest Speaker, Upper Extremity Orthopedics Symposium, Overlake Hospital, Bellevue, WA

- 11/2014 CME Conference: Paravertebral nerve blocks
- 12/2014 CME Conference: Total Knee Surgery Postoperative Analgesia
- 05/2015 CME Conference: Ketamine for post-operative analgesia
- 05/2015 University of Washington Anesthesiology Grand Rounds: Paravertebral blocks
- 05/2015 Western Resident Anesthesia Conference: case report – paravertebral blocks for Mediastinal chest tube pain
- 08/2015 University of Washington Orthopedic Grand Rounds: How to Manage a Successful Acute Pain Service

1310 116th Avenue N.E., Suite A
Bellevue, Washington 98004

p. (425) 440.3351
f. (425) 440.3439

09/2015	ASA: Case report – paravertebral blocks for mediastinal chest tube pain
09/2015	CME Conference: Subdural blocks
10/2015	CME Conference: Total Hip Surgery Postoperative Analgesia
11/2015	CME Conference: Cox-2i, Acetaminophen, and gabapentin for Multimodal Analgesia
01/2016	CME Conference: Programmed intermittent bolus: a review of the literature
01/2016	Hematology Oncology Conference: The Role of Various Pain Services in Managing Cancer Pain
05/2017	Lecture: Emerging technologies in acute pain management
11/2017	Invited Guest Speaker, Upper Extremity Orthopedics Symposium, Overlake Hospital, Bellevue, WA

Professional Achievements

2019, September	Moderator, Annual Washington Academy of Pain Management Conference
2018 to Present	Vice President, Washington Academy of Pain Management
2017	President’s Award for Innovation in Pain Management, Health Innovation NW, Bellevue, WA
2017	Assisted in the development of new post-operative pain management protocol for large orthopedic group, Bellevue Bone & Joint, Bellevue, WA
2014	Reorganized billing system for acute pain and regional anesthesia service at the VA, Seattle
2014	Standardized the way in which peripheral nerve blocks and single shot blocks are performed, VA, Seattle
2014	Created rounding system for acute pain service, VA, Seattle
2014	Implemented continuing medical education program, VA, Seattle
2015	Created standardized order sets for all peripheral nerve block catheters and epidurals, VA, Seattle
2015	Created standard history and physical, progress, and procedure notes for the acute pain service, VA, Seattle
2015	Lead initiative to link acute pain related procedure notes to order sets, VA, Seattle
2015	Implemented a formal acute pain service staffed by free a attending and resident, VA, Seattle
2015	Revised credentialing for anesthesiologists and CRNAs with respect to regional anesthesia, VA, Seattle
2015	Established admitting privileges for the acute pain service, VA, Seattle
2016	Created and implemented home nerve catheter program, VA, Seattle
2016	Supported effort to reduce opioid prescription abuse and diversion, VA, Seattle
2016	Established protocol for perioperative treatment of methadone and suboxone patients, VA, Seattle
2016	Created business plan to establish novel acute interventional perioperative pain clinic,

1310 116th Avenue N.E., Suite A
 Bellevue, Washington 98004

p. (425) 440.3351
 f. (425) 440.3439

2016 VA Seattle
Completed QI project for APS service demonstrating 30% reduction in opioid use, nausea, and LOS, VA, Seattle

Practice Awards

2017 Nominated for best startup of the year, 2016, Bellevue, WA
2017 Recipient, awarded healthcare innovator of the year, 2017, Health Innovation NW, Bellevue, WA

Grants Requests Submitted

02/2016 VA Puget Sound R&D Seed Grant: Bilateral PVC for Midline Abdominal Surgery – funded
02/2016 VA Puget Sound R&D Seed Grant: PIB for Paravertebral Catheters
02/2016 VA Puget Sound R&D Seed Grant: Supplemental PECS-2 for Reverse Total Shoulder

Publications

Fisk, Z.R., Luke, C. The Continued Importance of Nerve Block Catheters in the face of Long Acting Single Shot Nerve Blocks. ASRA Newsletter. 11/2014.

Manuscripts submitted

Fisk, Z.R., Conrad, E.C., Hudson, M: Analysis of the Financial and Operational Viability of an Acute Pain Service Staffing Model. Anesthesia and Analgesia (07/2014).

Languages

English – native language
French – conversational in written and spoken form
Spanish - conversational in written and spoken form
Japanese – beginner to intermediate (self-study since 2014) in spoken form

1310 116th Avenue N.E., Suite A
Bellevue, Washington 98004

p. (425) 440.3351
f. (425) 440.3439